

Colorado Resources– School Health and Wellness

Colorado Association for School-Based Health Care (CASBHC)

<http://www.casbhc.org/>

Mission: Keeping children healthy, in school, and ready to learn.

Colorado Connections for Healthy Schools

<http://www.cde.state.co.us/cdeprevention/index.htm>

Statewide initiative in support of Coordinated School Health Programs (funded through CDC)

Colorado Department of Education - Nutrition Literacy Toolkit (Toolkit)

<http://www.cde.state.co.us/nltk/default.asp>

The Nutrition Literacy Toolkit (Toolkit) is not a curriculum, but a tool from which schools and communities can design a curriculum using a menu of effective nutrition education resources. Alignment of learner outcomes in the Toolkit with Colorado core standards for reading, writing, math, and physical education allows for teaching skills for healthy eating while practicing skills that will increase students' competencies in reading, writing, math, and physical education.

Colorado Department of Education-Wellness Policy

<http://www.cde.state.co.us/cdenutritran/nutriWellnessGuide.htm>

Local Wellness Policy Guide and resources, Success Stories, School District Progress Report, Websites and Sample Policies.

Colorado Dietetic Association

<http://www.eatrightcolorado.org/index.cfm>

Colorado Department of Health and Environment- School Site Resource Kit

<http://www.cdph.e.state.co.us/pp/COPAN/resourcekits/SchoolSiteResourceKit.pdf>

Implementation Guide for the Colorado Physical Activity and Nutrition State Plan 2010, developed by the Colorado Physical Activity and Nutrition Program School Site Task Force.

Rocky Mountain Center for Health Promotion and Education

<http://www.rmc.org/>

RMC has disseminates comprehensive school health education programs and provided in-service training to educators, parents, and others committed to improving health.