

## National Resources— School Health and Wellness

### **Alliance for a Healthier Generation**

<http://www.healthiergeneration.org/>

Partnership between the American Heart Association and the William J. Clinton Foundation that came together to fight one of our nation's leading health threats – childhood obesity.

### **American Academy of Pediatrics**

<http://www.aap.org/>

The AAP is committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

### **American Association for Health Education**

<http://www.aahperd.org/AAHE/>

Serves health educators and other professionals who promote the health of all people; encourages, supports, and assists health professionals concerned with health promotion through education and other systematic strategies.

### **Center for School Mental Health Analysis and Action**

<http://csmh.umaryland.edu/>

The mission of the Center for School Mental Health (CSMH) is to strengthen policies and programs in school mental health to improve learning and promote success for America's youth.

### **Health, Mental Health and Safety Guidelines for Schools**

<http://www.nationalguidelines.org/>

The purpose of Health, Mental Health and Safety Guidelines for Schools is to help those who influence the health and safety of students and school staff while they are in school, on school grounds, on their way to or from school, and involved in school-sponsored activities.

### **Healthy Schools Campaign**

<http://www.healthyschoolscampaign.org/>

Healthy Schools Campaign advocates for policies and practices that allow all students, teachers and staff to learn and work in a healthy school environment.

### **Healthy Schools Network**

<http://www.healthyschools.org/>

Healthy Schools Network, Inc. is a 501 c3 national environmental health organization that does research, information, education, coalition-building, and advocacy to ensure that every child has a healthy learning environment that is clean and in good repair.

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### **Leadership for Healthy Communities**

Schools: [http://www.leadershipforhealthycommunities.org/index.php?option=com\\_advancedtags&view=tag&id=4&Itemid=76](http://www.leadershipforhealthycommunities.org/index.php?option=com_advancedtags&view=tag&id=4&Itemid=76)

Leadership for Healthy Communities supports local and state government leaders nationwide in their efforts to reduce childhood obesity through public policies that promote active living, healthy eating and access to healthy foods

### **Leadership for Healthy Communities- TOOLKITS**

[http://www.leadershipforhealthycommunities.org/index.php?option=com\\_advancedtags&view=tag&id=41&Itemid=97](http://www.leadershipforhealthycommunities.org/index.php?option=com_advancedtags&view=tag&id=41&Itemid=97)

### **National Action Against Obesity**

<http://www.actionagainstone.com/NationalActionAgainstObesity/NAAO.html>

Works independently and as a consultancy to reverse the obesity epidemic by eliminating disease- and obesity-accelerators from the food supply; barring junk food from child care centers, preschools, and schools; and eradicating Secondhand Obesity

### **National Alliance for Nutrition and Activity (NANA)**

<http://www.cspinet.org/nutritionpolicy/nana.html>

NANA advocates national policies and programs to promote healthy eating and physical activity to help reduce the illnesses, disabilities, premature deaths, and costs caused by diet- and inactivity-related diseases such as heart disease, cancer, high blood pressure, diabetes, and obesity.

### **National Assembly on School-Based Health Care**

<http://www.nasbhc.org/site/c.jsJPKWPFjRH/b.2554077/>

Promotes and supports school-based health centers to assure that all children receive high quality, comprehensive health care.

### **National Association of School Nurses**

<http://www.nasn.org/>

NASN is the leader in advocacy for student health and professional development of school nurses.

### **National Coalition Providing The Platform And The Forum For School Environmental Health**

<http://www.healthyschools.org/coalition.html>

Convene with more than 400 local, state, and national partners to improve school health environments.

### **School Nutrition Association**

<http://www.schoolnutrition.org/>

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### **Shape Up America!**

<http://www.shapeup.org/>

The purpose of Shape Up America! is to educate the public on the importance of the achievement and maintenance of a healthy body weight through the adoption of increased physical activity and healthy eating.

### **Society for Nutrition Education (SNE)**

<http://www.sne.org/>

SNE is dedicated to promoting healthy, sustainable food choices and has a vision to be recognized as the premier organization for food and nutrition education professionals. SNE provides forums for sharing innovative strategies for nutrition education, expressing a range of views on important issues, and disseminating research findings.

### **USDA- The National School Lunch Program Background, Trends, and Issues**

<http://www.ers.usda.gov/Publications/ERR61/>

Key concerns in the National School Lunch Program (NSLP) are reviewed in this new USDA document. The NSLP is the nation's second largest nutrition assistance program, feeding over 28 million children a day in more than 100,000 public and private schools across the country. Most program issues discussed in the report revolve around the meal's nutrition, program cost, and student participation. Competitive foods, private food service management companies, labor costs, new foods, and nutrition education are also reviewed.