

MDHWC Schools and Early Childhood Team and Children's Health Foundation  
 School Board Candidate Survey Results

<b>Question 1: What is your position regarding providing healthy foods and beverages in schools? (mark one)</b>	<b>Total Respondents</b>	<b>Percentage</b>
A: All food and beverages in the school should be healthy (cafeteria, vending, school store)	41	44%
B: Most food and beverages should be healthy, but a mix of different choices should be available	47	50%
C: Students should be able to choose whatever food and beverages they want. All choices should be available	1	1%
D: Other, please specify	5	5%
Total:	94	100%

<b>Question 2: What is your position regarding the inclusion of physical activity and physical education for students pre-k thru 12th grade in your district? (mark one)</b>		
A: PE should be mandatory for all grades, every day	22	24%
B: PE should be mandatory for all grades, but the schools should decide how many days it is offered	35	39%
C: PE should be available at all schools and all grades	24	27%
D: PE should be available for some schools and grades (please explain below which schools and grades)	4	4%
E: PE doesn't need to be available as long as there are other options for physical activity	3	3%
F: Schools should decide for themselves what they want to do	2	2%
Total:	90	100%

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<b>Question 3: To what extent do you believe that academic achievement is linked to healthy eating and physical activity? (mark one)</b>			<b>Percentage indicating combined responses</b>
A: Great deal	77	84%	<b>100%</b>
B: Moderately Linked	15	16%	
C: No Opinion	0	0%	<b>0%</b>
D: Not a great deal of linkage	0	0%	<b>0%</b>
E: No Linkage	0	0%	
Total	92	100%	<b>100%</b>
<b>Question 4: All foods and beverages sold in school districts through cafeterias, school fundraisers, a la carte, and vending machines should meet minimum health and nutrition standards (mark one)</b>			
A: Strongly Support	47	53%	<b>92%</b>
B: Moderately Support	35	39%	
C: No Opinion	2	2%	<b>2%</b>
D: Moderately Oppose	3	3%	<b>6%</b>
E: Strongly Oppose	2	2%	
Total:	89	100%	<b>100%</b>
<b>Question 5: All children and youth should participate annually in a minimum of 20 coordinated nutrition education and promotion activities in early childhood and school settings; including providing family involvement opportunities at least 3 times a year (Pre K-12). (mark one)</b>			
A: Strongly Support	29	34%	<b>78%</b>
B: Moderately Support	37	44%	
C: No Opinion	11	13%	<b>13%</b>
D: Moderately Oppose	6	7%	<b>9%</b>
E: Strongly Oppose	2	2%	
Total:	85	100%	<b>100%</b>
<b>Question 6: All students should participate in at least 30 minutes daily of age appropriate, moderate to vigorous physical activity through physical education and other activities during the school day in all grades (pre K-12). (mark one)</b>			
A: Strongly Support	47	53%	<b>92%</b>
B: Moderately Support	35	39%	
C: No Opinion	2	2%	<b>2%</b>
D: Moderately Oppose	2	2%	<b>6%</b>
E: Strongly Oppose	3	3%	
Total:	89	100%	<b>100%</b>

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<b>Question 7: All students should participate in at least 30 minutes daily of age appropriate, moderate to vigorous physical activity outside the school day in all grades (pre K-12) at the school or through school-community partnerships. (mark one)</b>			
A: Strongly Support	39	44%	<b>78%</b>
B: Moderately Support	30	34%	
C: No Opinion	11	13%	<b>13%</b>
D: Moderately Oppose	5	6%	<b>9%</b>
E: Strongly Oppose	3	3%	
Total:	88	100%	<b>100%</b>